



K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959



Volume 58 No. 11 14 September 2015

Rotary monthly theme: Basic education & literacy

This week: Archie Law: Action Aid



ActionAid Australia is a global movement of people working together to further human rights and defeat poverty for all. Its current campaigns include a movement to promote safe cities for women and helping women around the world stand up for their rights. It raises and applies funds for relief of poverty in the Middle East, Africa, Asia and Oceania.

Recently ActionAid publicised the injustice of multinational corporations avoiding tax in third world countries - precisely the places where payment of tax could do most good to alleviate the suffering of people. In his talk, Archie Law, Executive Director of ActionAid, will explain how the organisation wants to persuade governments worldwide to prevent such commercial practices.

Archie Law is a graduate of Monash University who has worked for the United Nations Department of Peacekeeping Operations in New York and the UN Development Program in South Africa. He led the Cambodian land mine removal program for 4 years and has also managed emergency relief projects for World Vision. In the 1980s he was the drummer for the rock band 'Huxton Creepers'.

Last week's guests & notices

President Graham:

- Welcomed our guest speaker, Philip Smith, and Jim Groves; and

- Reported on the working bee at Donations In Kind and thanked those who participated (see the report in last week's Koongga).

Rob Hall recalled his enjoyment of attending the one week Rotary Youth Leadership Award course in his 20s and the benefit he derived from it. The course is designed to help potential leaders develop. Rob asked members to nominate candidates for the January 2016 course. Candidates should be in their early 20s and should have some experience of leadership. Nominations are required by the end of September.

Joy Newling circulated a copy of the Blacktown Advocate featuring Eagles RAPS, some of its students and its new ambassador, racing driver Mark Winterbottom.

Induction of Catherine Jackson

President Graham inducted Catherine Jackson as a Rotarian and member of the club.

Cathy worked as a human resources manager for various organisations, both in Australia and overseas. She and her family (husband Ian, sons Sam and Will and daughter Sascha) have lived in various places, including Auckland, Singapore and Boston, Massachusetts. They returned to Australia in 2001 and moved to Sydney 12 years ago.



Cathy is a keen reader (both fiction and non-fiction) and used to play tennis. For about 10 years she has acted as a driver for an old lady in a local nursing home.

Cathy's Rotary classification is 'Human Resources - Recruitment'. She will join the club's Community Service Committee and will be mentored by Joy Newling.

Welcome aboard Cathy!

Woolworths 'Earn and Learn' for Clarke Road School

Woolworths' "Earn and Learn" promotion finished last Tuesday. Our meeting on Monday 14 September is the last chance to give stickers to Joy Newling so she can

In this issue

- This week: Archie Law: Action Aid
- Last meeting's guests and notices • Induction of Catherine Jackson
- Woolworths' 'Earn and Learn' for Clarke Road School • Rotary clubs rebuilding homes lost in Typhoon Haiyan
- Rotary Youth Leadership Award • Effective pain management • Galston open gardens
- Last week: Philip Smith: Rotary Oceania Medical Aid for Children
- Next week: Shen Yun Performing Arts: Chinese artistic performers
- Travellers' tales
- Calendar of events • Club officers • Club committees
- Sick parade • Anniversaries • Door team • Gordon Market roster • Rotary fashion • Club bank details

The club meets every Monday 6.30pm at Killara Golf Club, 556 Pacific Highway, Killara. Visitors welcome (Tel: 9498 2700). www.kuringgairotary.org.au 'Be a gift to the world' is the Rotary International President's theme for 2015-16

deliver them to Clarke Road School. The staff and parents are very appreciative of our continuing support.

Rotary clubs rebuilding homes lost in Typhoon Haiyan

The Rotary Club of Glenhaven is working with the Rotary Club of Illawarra Sunrise to assist in the rebuilding of homes lost to Typhoon Haiyan in the Philippines during November.



The two clubs have worked hard to fund their building projects. The latest fundraiser is 'Swing into Spring' held early September.

Glenhaven Rotarian and project volunteer Francis Bernabe said "Homes dedicated to the typhoon victims will greatly improve the lives of recipient families.

Parents can concentrate on providing food and education for their children now they have a secure shelter.

The Bacolod community has embraced the generosity of Rotary and local government has acknowledged the tremendous task and support the Rotary Club of Glenhaven has undertaken.

The rebuilding of houses is providing a much needed income for local workers, a positive economic domino effect is now noticeable."

Credit must go to Glenhaven club's volunteers Francis and Ophelia Bernabe, Myra Castellano-Hegarty for their hard work and dedication. Together they have made many trips to Philippines, where they have assisted with building, medical and food programs.

Rotary Youth Leadership Award



Rotary Youth Leadership Award ('RYLA') is a one-week leadership training seminar for young adults 18 - 27 years. RYLA will next be held at Elanora Conference Centre, 19A Wesley St, Elanora Heights from Sunday 10 to Saturday 16 January 2016. Clubs are asked to select and

sponsor participants with leadership potential, to provide transport to and from the venue, and to be represented at the official RYLA/Rotary dinner. Cost to our club is \$815.

Joy Newling

Effective pain management

You are invited to the Theatre of the Kolling Institute at the Royal North Shore Hospital, St Leonards at 6.00pm on Tuesday October 13, to hear Dr Charles Brooker of the Pain Management Research Institute talking about conquering pain.



Dr Brooker is an anaesthetist and pain medicine specialist with over 17 years' experience practicing in pain medicine. He is involved in acute and chronic pain medicine and related clinical research. Dr Brooker is currently

Director of the Chronic and Cancer Pain Service and Head of the Department of Pain Medicine at the Royal North Shore Hospital.

More information at <http://crowsnestrotary.org.au/Stories/effective-pain-management-starts-here>

Galston Open Gardens

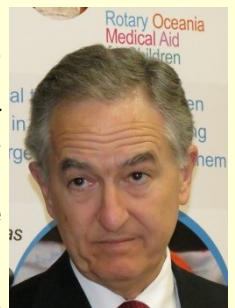
The Galston District Garden Club presents 'Galston Open Gardens', giving you the opportunity to visit 8 outstanding private gardens in the Galston and Glenorie area from Friday, 16 to Sunday, 18 October. An inclusive ticket for all the gardens on all 3 days is only \$20. Children under 18 are admitted free. This is a not to be missed opportunity for anyone who enjoys gardens.



For full details visit <http://www.galstongardenclub.com.au>

Last week: Philip Smith: Rotary Oceania Medical Aid for Children

Philip has been a Rotarian for 14 years and has been a member of 4 Rotary clubs. He was presented with Paul Harris Recognition in 2004, for his work in the Rotary Club of Haberfield, NSW.



Philip and his wife Cathie, became involved in Rotary Oceania Medical Aid for Children ('ROMAC') when an 11 year old girl with congenital glaucoma came to Sydney for surgery in August 2010

ROMAC provides medical treatment for children from developing countries in the form of life saving and/or dignity restoring surgery not accessible to them in their home country.

ROMAC has been in operation for over 27 years. Rotarians volunteer their time and expertise to run this Rotary program that encompasses all the Districts of Australia and New Zealand. ROMAC is assisted by many eminent Australian and New Zealand surgeons who generously donate their time free for the treatment of the patients.

ROMAC has a Board of five members, plus an operations committee, which includes the Board members plus eight others responsible for operational activity. Australia and New Zealand is divided into six regions. Each of the regions has a regional committee, managed by the Regional Chair and including representatives from each of the Rotary districts in their region.

This humanitarian program has provided over 400 children from 20 countries with urgent medical treatment that has given them new hope. To date, children have been brought from Fiji, Papua New Guinea, Malaysia, Indonesia



Sri Lanka, Bangladesh, Vietnam, Cambodia, Russia, China, Tonga, Solomon Islands, The Philippines, Pakistan, Iran, Timor-Leste, Vanuatu, Kiribati, Nauru and Zimbabwe. ROMAC has about 60 children on its waiting list at any given time.

The children usually come from very remote areas and are brought to Australia, as medical treatment is simply not available in their home countries. ROMAC has helped children with herniated brains, deformed limbs, horrific burns, heart conditions and, in the case of the Bosun (Siamese) twins, separation as they were joined face to face from the lower chest to the umbilicus.

Philip showed a short video about a Vietnamese girl with a huge facial tumour, which was preventing her eating. One Rotary club in Victoria raised \$80,000 for dental reconstruction surgery. The girl will have to return for further surgery as she grows. This is often the case, for example, with skin graft patients.



The children and their parents/guardians generally have no experience of things such as water on tap, toilets, electricity and car safety belts and they cannot understand things on television or the concept of surgery. All

these things have to be explained to them.

Philip said his presentation was not only to bring club members up to date on ROMAC's projects, but to also invite members who have a spare day or two to become volunteers, to accompany a child and one parent on a day out, such as visiting a hospital or visiting tourist spots in Sydney to entertain the visitors, as they usually don't spend all of their time in hospital. And of course to invite clubs to donate to ROMAC.

How can you help? Contact your District Chair, Philip Smith (D9685chair@romac.org.au), to ask how you can help! Examples are:

Host responsibility

District caring for a ROMAC child and parent/guardian is a rewarding and satisfying family experience. A 17 year old girl from a remote part of the Solomon Islands is coming for heart surgery at the Adventist Hospital in Wahroonga soon. She and her mother will need accommodation out of the hospital for about 1 week.

Make a donation

Since ROMAC began in 1988, it has treated hundreds of deserving and underprivileged children. Only with your help can ROMAC change and save the lives of many, many more. It has expenses of about \$1million per annum and relies on donations and philanthropic support. Your donation goes directly to the aid of children in need. Donations made in Australia are tax deductible. Donate online via ROMAC's secure server, make a bequest, or send a donation by mail or fax.

Make a bequest

Including a gift to ROMAC in your will is a lasting and meaningful way of helping to change and often save the lives of underprivileged and deserving children through the ROMAC program.

Volunteer

ROMAC is always looking for volunteers!

Corporate and personal sponsorship

ROMAC has been supported by many generous corporate and personal sponsorships since its inception.

Refer a patient

Patients are referred to ROMAC through many different sources - Rotarians or friends-of-Rotary on holiday or projects overseas, other community service organisations, medical professionals on holiday or projects overseas and many others. Simply send in photos and ROMAC will arrange for local assessment of the patient, with the information gained sent for further assessment in Australia.

Run a fundraiser

A specific fundraiser for ROMAC for Rotary clubs including regions or cluster groups, community groups or any other organisation is a wonderful way to ensure the important work of ROMAC is allowed to continue. Fundraisers can be as simple as a community lunch with some entertainment or a larger project such as North Ryde's Carols on the Common or the Central Coast's Opera in the Park, which raised \$13,500 this year.

Next week: Shen Yun Performing Arts: Chinese artistic performers

Shen Yun Performing Arts, formerly known as Divine Performing Arts, is a performing-arts and entertainment company based in New York. It performs classical Chinese dance, ethnic and folk dance, and story-based dance, with orchestral accompaniment and solo performers. The Shen Yun website translates the phrase *shen yun* as "the beauty of divine beings dancing".

Shen Yun was founded in 2006 by practitioners of Falun Gong, the spiritual discipline, with the mission of reviving "the essence of 5000 years of Chinese culture", which it states to have been nearly destroyed by the Chinese government. Performances around the world are hosted by local Falun Dafa Associations.

The company is scheduled to perform again in Sydney in March 2016.

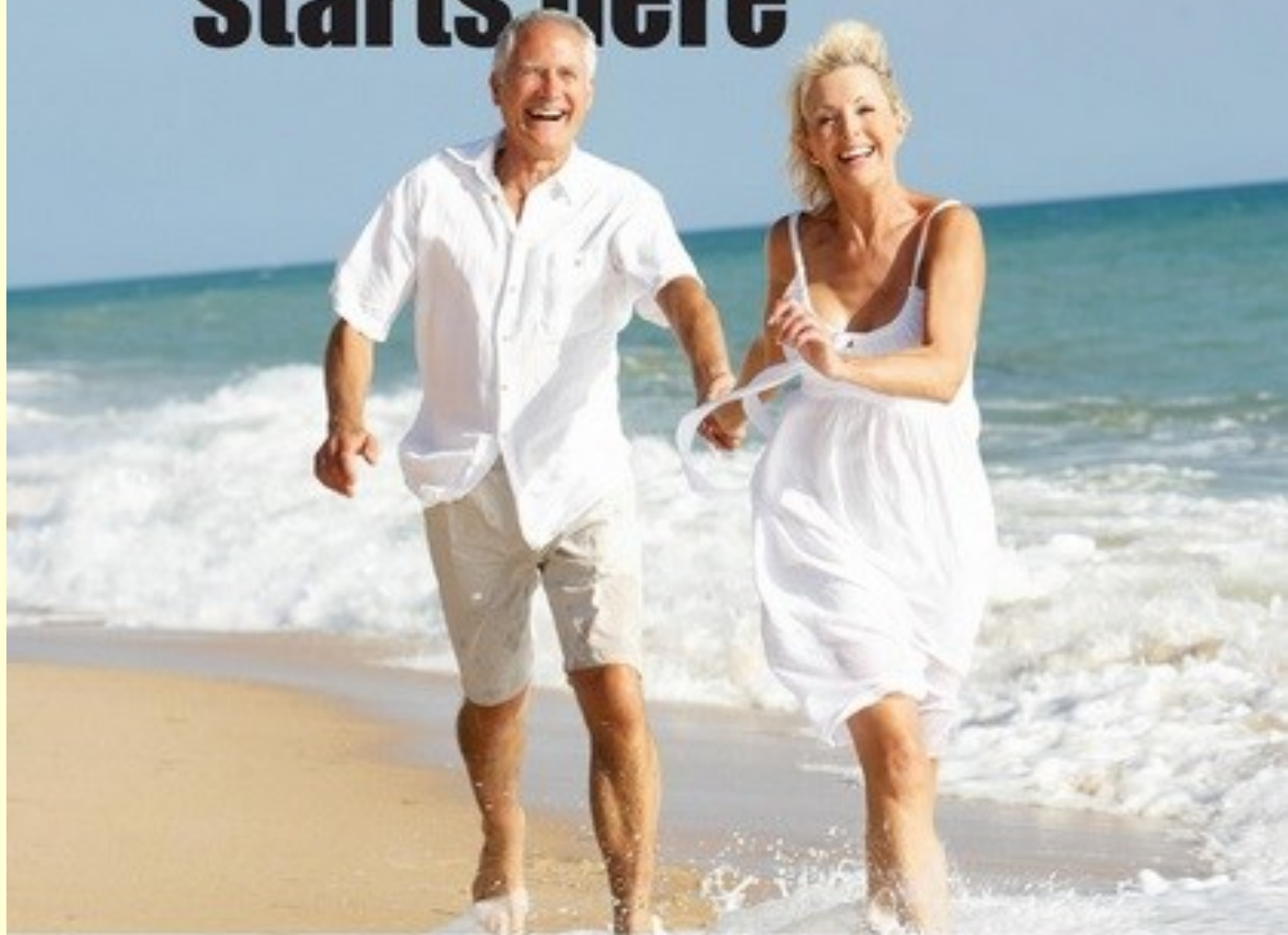
Travellers' tales

Malcolm Braid writes: our travels are going well ... we are now in Cockburn on the South Australian boarder with over 11,500 kms travelled. The trip down the centre was one of great diversity with stops in Katherine, Bitter Springs, Banka Banka, Alice Springs, Kings Canyon, Uluru, Coober Pedy, Port Augusta and Adelaide. Tomorrow we will be in Broken Hill for 4 days and then home via Trundle and Cowra. Hopefully Judy Houghton will be home so we can catch up.



Malcolm the ham actor

Effective pain management starts here



Come to the **FREE** public forum in the Auditorium of the Kolling Institute at the Royal North Shore Hospital, St Leonards at 6pm on Tuesday October 13, and hear Dr Charles Brooker of the Pain Management Research Institute, talking about "Conquering Pain".

To reserve your seat(s), please do so now online at www.trybooking.com/jafq or call Shaan on (02) 9929 5566. Details overleaf.



An Initiative of Lower North Shore Rotary Clubs
and the Pain Management Research Institute


PMRI PAIN MANAGEMENT
RESEARCH INSTITUTE
Conquering Pain



**Rotary Club
of
Chatswood**



Oktoberfest 2015

Friday, 2nd Oct.

6.30pm for 7.00pm



Austrian Club

**20 Gratten Crescent,
Frenchs Forest, NSW,**

Admission: \$20 pp

Actions:

- Life Music / Dance
- Sing along & sway
- Raffle

On special:

Oktoberfest menu



RSVP to Dieter: 0413 539 209 or dieter@bemad.co

Calendar of events

| | | |
|-----------|----|---------------------------------------|
| September | 21 | Shen Yun: Chinese artistic performers |
| | 28 | |
| October | 5 | Public holiday: no meeting |
| | 12 | [Hat Day] Dr Simone Isemann: Hoarding |
| | 19 | |
| | 26 | |
| November | 2 | Hugh McKay: The community |
| | 9 | |
| | 16 | |
| | 23 | |
| | 30 | |
| December | 7 | |
| | 14 | |
| | 21 | |

Club officers and committee chairmen 2015-16

Board of directors

| | |
|---------------------------------------|---------------------|
| President | Graham Timms |
| Vice President | John Aitken |
| Immediate Past President | Tony McClelland |
| President Elect | Michael Midlam |
| Secretary | Geoff Hungerford |
| Treasurer | Graham Maslen |
| Director - Membership | Tony McClelland |
| Director - Public Relations | Roger Desmarchelier |
| Director - Club Administration | Michael Midlam |
| Director - Service Projects | John Aitken |
| Director - Rotary Foundation | Peter Tang |

Service committee chairmen

| | |
|--------------------------------------|---------------------|
| Administration (Club Service) | Michael Midlam |
| Vocational Service | Lindsay Forrest |
| Community Service | Roger Desmarchelier |
| International Service | Georgina Manning |
| Youth Service | Linda Lam-Rohlfs |
| Social events | Joy Newling |
| Bobbin Head Cycle Classic | Tony McClelland |
| Sergeant-at-Arms | Malcolm Braid |
| Assistant Secretary | Lindsay Forrest |
| Assistant Treasurer | Chris Lewis |

Club committees 2015-16

Administration: Michael Midlam, Geoff Hungerford, Rob Hall (Program), Bob Ivey (Web and social media), Graham Maslen, Michael Tyler (Koongga)

Bobbin Head Cycle Classic: Tony McClelland, John Aitken, Ross Egan, Bob Elsworth, Peter Kipps, Graham Timms

Club History: Malcolm Braid, Tom Jackson

Community: Roger Desmarchelier, Gary Dawson, Ross Egan (Daffodil Day), Greg Goodman (Bowelscan), Chris Hoch (Red Shield), Nick Kenyon, Ted Price

International: Georgina Manning, Roger Desmarchelier, Emyr Evans, Dilys Geddes, Rob Hall, Loïc Lacombe, Graham Maslen, Greg Newling

Membership: Tony McClelland, Caroline Jones, Ken Sackville

Public Relations: Roger Desmarchelier, Linda Lam-Rohlfs, Georgina Manning,

Rotary Foundation: Peter Tang, Lindsay Forrest, Chris Hoch, Greg Newling

Social Events: Joy Newling, Ross Egan, Dilys Geddes, Georgina Manning,

Vocational: Lindsay Forrest, Lou Coenen, David Forsythe, Peter Kipps, Michael Tyler

Youth: Linda Lam-Rohlfs, Joyce Enos, Stan Glaser, Gary Keating, Chris Lewis, Joy Newling, Don Riddell

Sick parade

Anniversaries - September

| Birthdays | | | | Anniversaries | | | |
|-----------|---------------|----|--------------|---------------|----------------|--|--|
| 4 | Bob Ivey | 15 | Rita Coenen | 24 | David Lewis | | |
| 13 | Ken Sackville | 16 | Helen Egan | 26 | Michael Midlam | | |
| 13 | Joyce Cribb | 18 | Amanda Hoch | | | | |
| 14 | Stan Glaser | 23 | Susan Aitken | | | | |

Booking guests & apologies for meetings

Members are booked in to attend every regular meeting of the club. If you cannot attend a meeting or wish to book in a guest / partner please record your apology or guest on the website at <http://www.kuringgairotary.org.au> **before 9.25 am** on the day of the meeting. An apology for future meetings may also be entered. **If you do not apologise for non-attendance the club must pay for your meal and you will be asked to reimburse the club.**

Door team

| September | October | November | December |
|------------------|-------------|-------------|-----------------|
| Gary Dawson | Peter Tang | Don Riddell | Michael Midlam |
| Georgina Manning | Joy Newling | Joyce Enos | Linda Lam-Rohlf |

The door team is responsible for welcoming visitors and guests, recording payments and issuing copies of the record to the President and the Secretary. **Please arrange your own replacement if you are unavailable.**

Gordon Market roster

| MARKET ROSTER | 11 October | 8 November | 13 December |
|--------------------------------|-----------------------------------|----------------------------------|----------------------------------|
| BANNERS | Frank White | Frank White | Frank White |
| SIGNS | Graham Timms | Graham Timms Geoff Hungerford | Graham Timms Geoff Hungerford |
| MORNING SET UP | Frank White | Frank White | Frank White |
| PUBLIC RELATIONS | | | |
| 1ST SHIFT 8.00 to 10.30 | Wally Forbes | John Aitken | Emyr Evans |
| 2ND SHIFT 10.30 to 1.00 | Lou Coenen Roger Desmarchelier | Chris Hoch Bob Ivey | Stan Glaser Graham Maslen |
| 3RD SHIFT 1.00 to 3.30 | Gary Dawson Bob Elsworth | Malcolm Braid Ross Egan | David Forsythe Chris Lewis |

Second shift collects payment from stallholders. Third shift returns signs and bins to St George Bank storage. **Please arrange your own swap and notify Geoff Hungerford if you will be unavailable.**

Rotary fashion

Looking for the most up to date Rotary club shirt or cap? Contact menswear and ladies wear boutique, Ross Egan.

Club bank details

Rotary Club of Ku-ring-gai **General** account
BSB: 032 089 Account no.: 253 341

Rotary Club of Ku-ring-gai **Project** account
BSB: 032 089 Account no.: 253 333

Please include your name in the details of all deposits to the club accounts

Expense reimbursement claims must be presented with a completed remittance advice which you can download from the club website. Please include your BSB and account number.