



K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959

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This week



Chris Golis Emotional intelligence

Emotional Intelligence is achieving self- and social mastery by being smart with core emotions. Your core emotions depend on your temperament, which is the genetic part of your personality and drives around

two-thirds of your behaviour. The other third depends on your nurture. The problem is most managers and sales people do not have a scientifically valid and reliable model of temperament which is the best way of improving your emotional intelligence. This talk introduces what Chris Golis believes is the best and most practical temperament model available: the Humm-Wadsworth.

Chris is a graduate of Cambridge and the London Business School. After successful careers in IT and venture capital, where he was the director of some 30 private and public companies, Chris is now engaged in a Third Age career as professional speaker and workshop leader based on his eleven published books positioning himself as Australia's expert in *practical emotional intelligence*. He is President of the Cambridge Society of NSW and an adjunct lecturer at the S P Jain Business School.

Last week's guests & announcements

President Tony:

- Welcomed guests Linda Cloughton and Chris Lee and Lindsay Forrest back from overseas;
- Thanked John Aitken, Gary Dawson, David Forsythe, Chris Hoch, Geoff Hungerford, Ross Lambert, Anne Maslen, Graham Maslen, Linda Lam-Rohlf and Ken Sackville for running the barbeque, raising \$100 and handing out leaflets about our club at the Light The Night event for the Leukaemia Foundation;
- Congratulated John Aitken for rescuing 3 boats at the

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Rotary monthly theme: September: New Generations

weekend (but didn't say whether any people were rescued); and

- Called for volunteers to respond to this request for help:

Volunteer walking partner needed for aged care - Lindfield

Hi there,

I am wondering if anyone in your organisation knows of a volunteer in the Lindfield area who is into walking?

My father is in a respite facility, Whitehall on Tryon Road in Lindfield. He is 68 and has early onset dementia but is very active physically. He would like to go on (quite fast) walks for around an hour but is unable to leave the facility unaccompanied.

Although he has dementia he doesn't wander away - he always returns to where he left. He also likes car trips, so a short drive to a nearby oval or park could work if they had a dog, etc.

If there is someone available, even on an ad-hoc basis that would be great. I am happy to meet any associated costs.

I can be contacted on 0409 616 893 or via email: martin@martindrinkwater.com

Kind regards

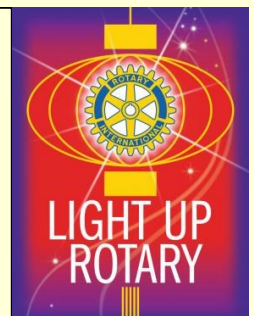
Martin Drinkwater

News from the west

Hi Michael

I always look forward to the Koongga and what President Tony and club members are up to. Job well done Tony.

Today, I experienced the power of CWA women at work, conducted by a tiny club at Eugowra, half way between Orange and Forbes. It was a wonderful example of local CWA members and friends banding together for the better good. Almost 700 women and some gents from around the central west experienced the most inspirational day at Lorraine Carty's garden at Murga. Father Chris Riley from Youth Off the Streets was guest speaker and ABC journalist Caroline Jones, who



The club meets every Monday 6.30pm at Killara Golf Club, 556 Pacific Highway, Killara. Visitors welcome (Tel: 9498 2700). www.kuringgairotary.org.au

Rotary International
Theme 2014-2015

enjoyed her previous guest appearance two years ago so much, returned to lend her support. Funds raised went to support Youth Off the Streets. This is the only major fundraiser every second year.



Well done to all on the success of the Bobbin Head Cycle Classic.

Best wishes - Judy Houghton

Rotary Youth Leadership Award



RYLA is a one-week leadership training program for young adults 18-26. RYLA next year will be held at Vision Valley, Arcadia from Sunday 11 to Saturday 17 January 2015.

RYLA commenced in Queensland in 1959 and has spread throughout the Rotary world. It started in our District in 1970. Many young people who have attended RYLA have described it as a life-changing experience. It has benefited them as leaders in their local community volunteer activities and in their careers and business dealings. It is a powerful and valuable program.

Our District 9685 is looking for 80+ participants and our club intends to sponsor one. Sponsorship cost of \$815 covers accommodation, meals, presentations, workshops and activities in behavioural analysis, negotiation and conflict resolution, public speaking, self-motivation and goal setting, group dynamics and team building and community service.



We are looking for applicants! Would you like to nominate someone who meets the following criteria?

- Young adults - 18 to 26 years of age and at least one year out of school.
- Young leaders in the community or those who aspire to leadership
- Young adults seriously committed to development of their leadership skills

Young leaders from sporting clubs, Scouts & Guides, church groups, surf clubs, businesses, tertiary institutions and all community groups

To date we have not received any nominations, so your Youth Committee needs help from club members to nominate potential RYLA participants. We need to receive nominations and conduct interviews by mid-October.

If you would like more information or would like to put forward a nomination, please contact me.

Joy Newling - for the Youth Service Committee

Last week - club business meeting

Never one to stick to convention, President Tony started last week's meeting by asking for questions, comments and proposals. After a tentative start, the contributions ranged far and wide. Following is a summary of the key



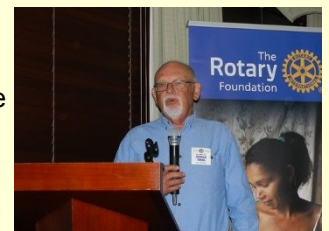
President Tony

points:

- Graham Maslen: has an international service project to propose, but the club should have made its plans before July. September is too late. The club should be more pro-active.
- David Forsythe: enquired whether the club has set its budgets for the year. President Tony responded that they were to be set during the meeting.
- Graham Maslen: commented that the club had gained good exposure at the Light the Night event.
- David Forsythe (as the club's auditor): said he had been cajoling the Treasurer to get financial statements out to members, because they have not been receiving regular reports on what the club is doing. Figures give the broad picture, but regular reports to club meetings is what is needed. The annual statements for 2013/14 are not yet ready to be audited.
- Michael Tyler: complimented the Treasurer for presenting clearer than usual draft financial statements for 2013/14, but said the meeting needed to have received year to date figures for 2014/15. Budgets should have been ready at the start of the year on 1 July.



- Greg Newling: wants more ideas for raising funds for the many additional projects that the club could undertake, rather than relying largely on the Bobbin Head Cycle Classic and Gordon Market.
- Graham Timms: said the club should first determine what projects to undertake and then work out how to raise the required funds. The Avenues of Service committees should be planning both aspects.
- Joy Newling: reminded the meeting that each member is a volunteer and can only devote his/her available spare time to Rotary activities.
- Jack McCartney: thinks that the club performs very well and has no need to be hard on itself.
- John Aitken: cautioned against the splitting the club's efforts into too many parts and endorsed the current major projects (Lifeline, Eagles RAPS and the Women's Refuge).
- Ross Lambert: agreed the need for a common cause and agreement on expenditure and emphasised the importance of establishing the Women's Refuge.
- Michael Tyler: reminded the club of the need to examine all aspects of the way it operates and presents itself and considering making changes so as to make the club more attractive to the next generation.
- Graham Maslen (as Treasurer): called on those who have not done so to pay their annual club dues.
- Graham Timms (as Director – Rotary Foundation): spoke about the Foundation as a source of project funds and reminded members that their contributions as



'Centurions' and the club's own contributions come back to the District for project purposes 3 years later. The Foundation had/will contribute funds for the Tick Awareness project, the Neringah Hospital project (\$3,000 out of \$7,000) and the Lao water project (\$47,000 out of \$81,000).

- President Tony: said he wants to improve the 'fireside chat' introduction to Rotary for prospective members and to simplify the new member induction ceremony.
- Greg Newling: said that the induction ceremony should be special and memorable for new members.
- Lou Coenen: observed that President Tony and Greg Newling were saying the same thing and what was needed was an efficient induction ceremony.

Avenues of Service reports

International Service

Greg Newling presented the International Service Committee's report (published in last week's Koongga).



- Graham Maslen: said the Board had some questions about the committee's proposals and that there was a need to increase the number or scale of the club's international projects.
- Lou Coenen: asked what the club is doing about the African ebola epidemic and mentioned that refugees from the fighting in the Middle East are being provided with ShelterBoxes.
- Graham Timms: said that Bo Hospital in Sierra Leone is converting a ward to an isolation ward and our club may be asked to contribute funding.

Youth Service



Joy Newling presented the Youth Service Committee plan for 2014-15 (see next item) and called for nomination of candidates for Rotary Youth Leadership Awards urgently (see item page 2).

Community Service

Ross Lambert said that the Community Service Committee is working on proposals for 3 new projects, as follows:



- Publication of a 40 page carol book for St Ives Carols in the Park, funded by advertising.
- An Art Union to raise funds for the Women's Refuge, selling 1,000 tickets @ \$100 each via the internet for a Mercedes Benz 180.
- A community fireworks display at St Ives Show-ground.

Youth Service plan 2014/15

This is the outline of the draft Youth Service plan for 2014/15:

- Present Benefic Awards to Year 9 students at Killara, Turramurra and Ku-ring-gai Creative Arts High Schools.
- Clarke Road School – present Role Model Award, assist with resources, volunteers for reading, Education Week, etc.
- Rotary Youth Leadership Award – sponsor one young person to RYLA in January 2015 – *nominations please*.



- Rotary Youth Driver Awareness – volunteers to assist on nominated days, help students in need to participate.
- Rotary Youth Program of EN-richment – approach local high schools for nominations of students to participate in RYPEN at Collaroy in February or Springwood in June



- Youth Insearch – donation to assist young people to attend weekend program: assistance may be needed with catering 2015.

- Rotaract – encourage joint activities, foster closer relationship.
- Model United Nations Assembly – sponsor 2 teams from Pymble Ladies College and Killara High School.

- Camp Breakaway – sponsor one young carer or sibling to camp and one disabled young person to camp.



- Operation Hope – sponsor one young person to 5 day Wilderness camp.
- Assist West Pymble Guides?
- Interact – improve contact with Interact Club at Pymble Ladies College – possible joint project?
- Donation to assist Nicola Allan with honours research project aimed at helping children with Attention Deficit Hyperactivity Disorder develop their pro-social behaviour.
- Life Education – donation.



- National Youth Science Forum in January 2015 – Henry Pegg and Keshav Kotecha participating, part sponsorship.
- Support Community project "The Lab" with new branch starting at Chatswood, maybe with laptops?

- Fighting Chance – find out more, invite Jordan O'Reilly to speak to club.
- New ideas welcome!
- Total budget: \$15,000

World's biggest dinner party

Umoja Orphanage project – Kenya


Enjoying a meal with a roof over our heads is something that we often take for granted in Australia. By holding a dinner party and donating to our project, your fundraising will help us to give children a shelter, food, education and hope for the future.

Last year's record was 50 dinner parties with almost 600 participants. We raised \$15,000 towards the project, and this year we are hoping to raise even more with your help.

All funds raised will go directly towards building our first children's home, to house up to 10 orphaned children. Construction of the home is imminent, so you will see very soon how your contribution is helping.

See the flyer on the next page and more at: <http://umojahome.com/kenya/worlds-biggest-dinner-party>

THE WORLD'S BIGGEST
dinner party




FUNDRAISER
Every guest helps Umoja
break the cycle
of poverty.

HELP UMOJA RAISE THE ROOF FOR KENYAN ORPHANS BY HOSTING YOUR OWN DINNER PARTY DURING THE MONTH OF OCTOBER.

Join together with people from across the globe to help break last year's record. A donation of \$20 per dinner guest will help build Umoja's first children's home.

Register your dinner party with Wayne Linbrick
Mobile: 0402 269 304 | E-mail: wayne@limesoftware.com
Please visit umojahome.com for more information

Umoja (Swahili) means to be a self-growth organization building a self-sustained children's village in the orphaned and vulnerable children a second chance at life. Together we achieve our dreams!



HORNSBY RSL PIPE BAND

Back by Popular Demand!
for
2014

OUR SCOTTISH CEILIDH

A GREAT EVENING OF MUSIC & DANCE
WITH THE "COOLFINN MAC" BAND

PLUS A FULL THREE COURSE MEAL
AT THE HORNSBY RSL
SAT. 11TH OCTOBER
BOOKINGS ON 9477 7777

\$65 PER HEAD

DRINKS AT THE BAR



BY POPULAR DEMAND Ku-ring-gai Rotary TRIVIA NITE !

In aid of the Hornsby/Ku-ring-gai Women's Refuge

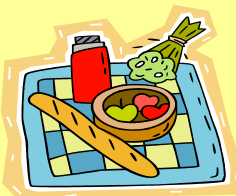
Bring your friends & join in the fun & games! Book a table for 8 or 10.



Questions and clues on the BIG screen

7:00 pm SATURDAY 25th October 2014

at WARRAWEE BOWLING CLUB 1479 Pacific Highway, Warrawee
Bookings: ross.egan@chubb.com.au or TICKETS AT THE DOOR: \$20



BYO SUPPER
(Drinks available at the bar)



Calendar of events

October	6	Public holiday - no meeting
	13	Rotary Hat Day - joint meeting - Rotary clubs of Ku-ring-gai, St Ives and Turramurra
	20	Annabelle Chauncy - School For Life update
	25	(Saturday) Trivia night - venue: Warrawee Bowling Club
	27	John Lockyer & Annabelle Daniel – Hornsby/Ku-ring-gai Women's Refuge
November	10	Tony Castley - Rotary Foundation
	17	Suzy Ogelsby – Fitness for cyclists and golfers
December	15	Christmas party chez Tyler (last meeting in 2014)
	22	No meeting
	29	No meeting
January	5	No meeting
	12	TBA
March	16	Bobbin Head Cycle Classic club briefing
	29	(Sunday) Bobbin Head Cycle Classic
May	17	Meeting postponed 3 days
	20	(Wednesday) Bobbin Head Cycle Classic presentation to charities

Club officers and committee chairmen 2014-15

Board of directors

President	Tony McClelland
Vice President	John Aitken
President Elect	Graham Timms
Secretary	Geoff Hungerford
Treasurer	Graham Maslen
Director - Membership	Greg Newling
Director - Public Relations	Michael Midlam
Director - Club Administration	Joy Newling
Director - Service Projects	John Aitken
Director - Rotary Foundation	Graham Timms

Service committee chairmen

Club Service	Joy Newling
Vocational Service	Michael Midlam
Community Service	Ross Lambert
International Service	Roger Desmarchelier
Youth Service	[Vacant]
Bobbin Head Cycle Classic	Bob Elsworth
Sergeant-at-Arms	Malcolm Braid

Club committees 2014-15

Bobbin Head Cycle Classic: Bob Elsworth, John Aitken, Ross Egan, Peter Kipps, Tony McClelland, Michael Midlam, Graham Timms

Club History: Malcolm Braid, Tom Jackson

Club Service/Club Administration: Joy Newling, Geoff Hungerford, Graham Maslen, Michael Tyler (Koongga Editor)

Community Service: Ross Lambert, Lou Coenen, Gary Dawson, Roger Desmarchelier, Ross Egan (Daffodil Day), Bob Elsworth, Rob Hall, Chris Hoch (Red Shield Appeal), Geoff Hungerford (Markets) Caroline Jones, Nick Kenyon, Loïc Lacombe, Jack McCartney, Michael Midlam (Bowel Scan), Frank White (Markets)

International Service: Roger Desmarchelier, David Forsythe, Graham Maslen, Greg Newling, Peter Tang

Membership: Greg Newling, Dilys Geddes, Linda Lam-Rohifs

Public Relations: Michael Midlam

Program: Rob Hall, Ross Egan

Rotary Foundation: Graham Timms

Vocational Service: Michael Midlam

Youth Service: Greg Goodman, Malcolm Braid, Joyce Enos, Emyr Evans, Bob Ivey, Tom Jackson, Linda Lam-Rohifs, Joy Newling, Ted Price

Anniversaries - September

Birthdays			Anniversaries		
4	Bob Ivey	24	David Lewis		
16	Helen Egan	26	Michael Midlam		
18	Amanda Hoch				
23	Susan Aitken				

Booking guests & apologies for meetings

Members are booked in to attend every regular meeting of the club, if you cannot attend a meeting or wish to book in a guest / partner please access the web at <http://www.kuringgairotary.org.au> before 9.25 am on the day of the meeting. An apology for future meetings may also be entered. **If you do not apologise for non-attendance the club must pay for your meal and you will be asked to reimburse the club.**

Door team

September	October	November	December
Michael Midlam	Emyr Evans	Malcolm Braid	Peter Kipps
Graham Timms	Joyce Enos	Rob Hall	Bob Elsworth

The door team is responsible for welcoming visitors and guests, recording payments and issuing copies of the record to the President and the Secretary. **Please arrange your own replacement if you are unavailable.**

Gordon Market roster

MARKET ROSTER	12 October	9 November	14 December	11 January
BANNERS	Frank White	Frank White	Frank White	Frank White
SIGNS	Graham Timms Geoff Hungerford	Graham Timms Geoff Hungerford	Graham Timms Geoff Hungerford	Graham Timms Geoff Hungerford
MORNING SET UP	Frank White	Frank White	Frank White	Frank White
PUBLIC RELATIONS				
1ST SHIFT 8.00 to 10.30	Chris Hoch	John Aitken	Tom Jackson	TBA
2ND SHIFT 10.30 to 1.00	Emyr Evans Ross Lambert	Greg Newling David Lewis	Joy Newling Georgina Manning	TBA TBA
3RD SHIFT 1.00 to 3.30	Ross Egan Malcolm Braid	Greg Goodman Loïc Lacombe	Peter Kipps Lindsay Forrest	TBA TBA

Second shift collects payment from stallholders. Third shift returns signs and bins to St George Bank storage. **Please arrange your own swap and notify Geoff Hungerford if you will be unavailable.**

WebAware - emails to all members, etc.

If you want to send an email to all members of the club, simply email members@kuringgairotary.org.au. Similarly, you can send an email to all 'friends of Rotary' by emailing friends@kuringgairotary.org.au. A full explanation of the system and how to use it appears in the member forum section of the club's website. You can reply (or 'reply all') to such emails. You can also add to the list of 'friends of Rotary' - e.g., your partner or friends.

Club bank details

Rotary Club of Ku-ring-gai **General** account
BSB: 032 089 Account no.: 253 341

Rotary Club of Ku-ring-gai **Project** account
BSB: 032 089 Account no.: 253 333

Please include your name in the details of all deposits to the club accounts

Expense reimbursement claims must be presented with a completed remittance advice which you can download from the club website. Please include your BSB and account number.