



K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959

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14 July 2014

Rotary monthly theme: July: Literacy

This week

Anna Brzeska

Updating your CPR skills

Are you confident that you know what to do in the event of a heart attack or similar medical emergency?

Anna Brzeska is a medical secretary who has been volunteering with St John Ambulance for 6 years. During that time she has done thousands of hours of first aid at community events, in various roles including as a mentor, team leader and commander. She's also a member of Crosslands Rotaract Club.

Anna will explain and demonstrate the latest cardiopulmonary resuscitation technique. You will have an opportunity to try your hand at it as well. This could help you save someone's life.



Last week's guests & announcements

Vice President John Aitken wasn't sure whether to start the meeting in the traditional way, but ultimately adopted the style of our absent leader (no opening toasts). He:

- Welcomed our guest speaker, John Davis, and Georgina Manning;
- Thanked Roger Desmarchelier, Geoff Hungerford, Nicky Dawson and David Forsythe, who joined him on Saturday 5 July, transporting books for the Lifeline Book Fair;
- Claimed that he was 'mobbed' by Rotaractors from Macquarie University who were also helping and who would volunteer their assistance for the Bobbin Head Cycle Classic next year; and
- Accepted offers from Ross Egan, Ross Lambert, Graham Maslen, Geoff Hungerford and Georgina Manning to help with the pickup of the Book Fair on Sunday, 13 July.

Well done, all you volunteers! Lifeline is very grateful for your assistance.

Thanks from Lifeline

Hi Tony

I wanted to send you and your members an email to thank you for including me (and Lifeline) in your Changeover Dinner last week (23 June – Ed).

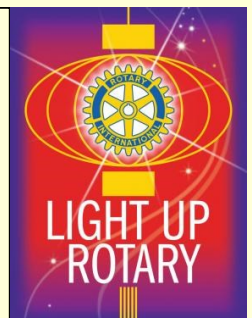
I had a wonderful time during the evening and particularly enjoyed catching up with so many of your members, who I feel closely connected to. The support that all your members provide to Lifeline is outstanding and we are sincerely grateful for the close relationship between Rotary and Lifeline. I also enjoyed sitting at your table and chatting to your partner and others at the table. Being provided with an opportunity of catching up with the Mayor and keeping her connected to Lifeline is also beneficial and I managed to have a good conversation with Jennifer during the evening.

Congratulations Tony on being the outgoing and incoming President all at the same time. I believe your club is very lucky to have you at the wheel and (among other things) growing the club's membership at such a rapid rate.

With many thanks, Wendy Carver

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The club meets every Monday 6.30pm at West Pymble Bicentennial Club, 2 Prince of Wales Drive, West Pymble. Visitors welcome. www.kuringgairotary.org.au

Rotary International
Theme 2014-2015

Adapting to grow

Over many years, President Tony has caused significant change within the club. Newer members may not be aware of:

- Elimination of 'Rotary Grace' (which is not actually official within Rotary) from the start of each meeting.
- Dropping of (separate) toasts to Australia, Rotary International and the club at the start of each meeting.
- Cessation of singing the national anthem to end each meeting. (It was doomed when the West Pymble Bowling Club disposed of its piano; electronic accompaniments didn't work and our club members struggled to sing 'a cappella'.)
- Disappearance of other Rotary clubs' banners (received in exchange for ours) which decorated our meetings.
- Introduction of overt invitations to people to apply for membership of the club in place of membership by invitation only.
- Removal of a bylaw that prevented discussion in a club forum of anything that had not first been considered by the board of directors (which frustrated many of President Tony's attempts to cause change).

The common theme in all these changes was elimination of formality and focus on practicality.

We have recently been challenged to examine everything that we do and the way that we do it and to decide whether it is still relevant or should be changed or dropped altogether. Underlying this are the questions:

- Does it serve any useful purpose?
- Can it be done better?
- Does it act as a disincentive to potential members (especially 'Generation Y') joining?

A simple example is the Sergeant's fine session, the real purpose of which is to raise about \$1,500 p.a. towards the club's running costs. However, whilst most members accept it as a bit of fun, potential members who don't understand what it's for may find it off-putting. Does that mean we should dispense with it, in order to make the club's method of operation more modern and attractive? If so, how should we raise the funds instead?

Koongga encourages examination and discussion of the club's methods of operation. However, it needs your suggestions of topics to put under the microscope. Send them to the editor, with your comments on what should be done about them.

Last week's speaker



John Davis

Where will your energy come from in future?

John Davis, a chemical engineer, photojournalist, filmmaker, teacher, broadcaster and video production company owner (amongst other things) gave us a comprehensive summary of current sources of energy, the problems associated with

them and future alternatives. His talk included:

- All energy has a nuclear source – the sun.
- Sunlight is stored in plants.
- Ancient plants ended up as coal and methane.
- Coal miners remove methane before mining coal to prevent explosions.
- Water is used to extract the methane, but results in polluted water.
- There are over 40,000 coal seam gas mines.
- Burning coal releases carbon dioxide, a known contributor to global warming.
- Coal dust from transported coal is a major health hazard. John instanced the effects on people in Newcastle.
- Power stations burning coal produce a lot of carbon dioxide.
- The concentration of carbon dioxide in the atmosphere has increased significantly over the last 100 years.
- There has been a gradual warming of the atmosphere.



- Ocean acidity has also been increasing due to carbon dioxide. John illustrated the effects on shell fish and coral.

• There are various methods of carbon capture and storage, but it is expensive. Although there are many areas in Australia where it can be done, there are few suitable sites in New South Wales.

- The answer to the problems is wind.
- Windpower is cheaper than coal power generation. Australia has good sites for wind generation in South Australia and Western Australia, due to the winds sweeping across the southern oceans.
- Wave power (related to wind) is also feasible and costs are decreasing. John illustrated several methods of harnessing wave power.
- John also showed examples of hydro generation and storage and the use of tidal movements to generate power.
- Geothermal power comes from underground hot rocks (e.g., in Iceland), friction of movement of the earth's plates and, in Australia, hot dry rocks.

- Solar energy is another abundant source.
- Solar thermal enables heat storage for later release.
- John illustrated a solar updraft tower and a CSIRO system heating air to drive a turbine.
- Nuclear energy comes from fusion, fission or radioactive decay.
- Nuclear energy is expensive: all plants are subsidised.
- Most of the retail cost of energy is for its transmission.





- A cheaper solution is rooftop solar systems.
- There are various options for storage of solar energy.
- Solar hot water is a cost-effective option.
- Light emitting diode ('LED') lighting is an efficient alternative to incandescent lights.

- Solar systems are contributing to a 'death spiral' for conventional energy companies - a solar systems proliferate, conventional energy generation and transmission systems will become increasingly uncompetitive and will eventually fail.
- Australia should apply a carbon tax in order to eradicate the production of carbon in the atmosphere.
- Unless the world takes effective action, the tropics will become too hot to live in, with increasingly unpredictable, wild and destructive storms.

John's Powerpoint slides illustrating his talk are available for viewing at: <http://www.kuringgairotary.org.au/index.php/news-and-pics/weekly-mag.html>

John is co-developer of the website 'Energy Without Carbon' (<http://www.energy-without-carbon.org/>), a website devoted to collection of the technology needed to fix the problem of man-made climate change. It's a treasure trove of relevant information.

Rotary Leadership Institute

The program of the Rotary Leadership Institute both supplements and complements the district training program and builds up some new networks and knowledge.



New courses open for registrations

• Course 18 - the Sunday Option

The dates for the three parts are Sundays 28 September, 12 October and 2 November.

• Course 19 - Saturdays, and the last for 2014

The dates for the three parts are Saturdays 18 October, 8 November and 22 November.

Both courses will be held at the district office 8.30 am to 4pm with lunch provided.

For interested Rotarians who cannot be placed in these last two courses for 2014 or for whom the dates are unsuitable, further courses are planned for 2015.

If you are an incoming Club Officer or if you simply want to learn more about Rotary, join this course by emailing rli@rotarydistrict9685.org.au or by contacting David Rands at dbrands@bigpond.com and/or Michael Schwarcz at mschwarcz@gmail.com as soon as possible.

Our Rotary District is subsidising this course, so the cost to you or your club for this three part course is only \$55.

David Rands

56/10 Marian St, Killara, NSW 2071

Tel: +61 2 94985692

Mob: +61 408 255 015

Email: dbrands@bigpond.com

School For Life Foundation

Fair trade Ugandan made products now available for purchase on our website!

Ladies from the Katuuso community have been working hard to produce a whole range of garments for sale here in Australia, featuring a selection of plain and traditional 'Katenge' patterned materials. Our tailoring students are Katuuso community residents who, when they first embarked on the program, had never even held a pair of scissors or seen a sewing machine. Thanks to this program, the women's income has been quadrupled and they now have an ongoing source of employment and revenue to support themselves and their families.



When you educate a woman, you educate a community, a generation, a nation.

[A range of bathrobes \(\\$50\) and aprons \(\\$25\) are available via our online store for purchase now: http://schoolforlife.org.au/](http://schoolforlife.org.au/)

Control of world population growth

A ROTARY CHALLENGE?

At the recent RI Convention there was a booth taken up by the [Rotarian Action Group for Population Growth and Sustainable Development \(RFPD\)](#). I spent some time with these people as it is a subject dear to my heart and I am very keen to establish an interest in this area in our District.

Essentially I believe the greatest problem we have at this time is not climate change but the expansion of the number of humans on our planet and the unsustainable future, if we don't address it. Naturally the climate will be adversely affected by resources being diminished such as forest cut down, greater carbon emissions as more people demand more energy, and fish stocks exhausted etc

People in underdeveloped countries have more children and less ability to take proper care of them. Consequently the appeals to Rotary, Salvation Army and all those charities throughout the world are in an unwinnable battle. Further, many crises occurring at this time have their origins directly or indirectly in family strains and power seeking - larger families mean more children adversely affected.

Could I ask any Rotary members to contact me so I can evaluate the interest across the District to doing something concrete in this direction? Also would they indicate whether they attended the RFPD booth at the convention. There is already a good deal of interest in this subject in the UK and Belinda Gates is involved too. I have the makings of a presentation to help things along.

Barry Edmundson

jbedmundson@gmail.com

- See more at: <http://rotarydistrict9685.org.au/stories/population-growth/#sthash.6WJrAORA.dpuf>

International service seminar

Greetings all

The number of great projects in our District is staggering, but it seems to me that we could be working a lot smarter, and achieving even more with the same effort. "International" is becoming so big that it is hard to get your head around the many aspects.



Doubtless there are many others, but from my observations, as a start, here is a list of some of them:

- How can the Foundation & RAWCS work together?
- What is RAWCS?
- Does RAWCS compete for funds with Foundation?
- What gets Tax deductibility?
- What does RAWCS offer?
- Forever reinventing the wheel in initiating projects from scratch
- Volunteering
- Insurance
- Funding sources
- Ideas for projects
- Networking - common interests
- Government help

So I am sending this message to ask **whether you would support a SEMINAR ON INTERNATIONAL SERVICE.**

Proposed date Sunday 21 September 8.30am to 12.30pm possibly at Sydney Adventist Hospital.

If you agree, please reply to this email or email me direct (theo@bigpond.com.au) or phone (9980 6842) **BEFORE 31 JULY.**

You might also have other possible agenda items you would like included.

If there is enough support to make the initiative worthwhile, I will put it all together and advise full details. If not – well we tried!

OK – over to you!

Regards

Theo Glockemann

D9685 International Service Director 2014-15

Permanent change of meeting venue

Change of venue

President Tony has announced that, with effect on and from Monday, 4 August, meetings of the Rotary Club of Ku-ring-gai will be held at Killara Golf Club, 556 Pacific Highway, Killara, NSW 2700 (Tel: (02) 9498 2700).

Apologies and guests

On and from 4 August, notification of members' attendance or absence and bookings for guests (via the club's website) will need to be made by 12 noon on the date of the meeting (instead of the current cut off time of 3 pm).

Rotary International Convention



George & Beverly from Houston, Texas, stayed with us for 6 days from the Saturday of the Convention. George is a Past District Governor and both he and Beverly have been very active members of various Rotary International and District level committees and have attended many international conventions.

While I was anticipating a Rotary onslaught of the kind that makes President Tony's eyes water, that was far from the case and we all had a great time.

Conversation covered a very wide range of topics from the background leading up to the US 2nd Amendment, to various travel experiences.

As they explained, while they could afford to stay in a hotel (and told us to say so if we thought they had overstayed their welcome), they enjoy the experience home stay provides. They were very appreciative of our hospitality and insisted on paying when the opportunity presented, including inviting us to join them at the Rotary Opera House Concert on the Monday. We had dinner at Circular Quay and saw Vivid before & after the concert, had a couple of good old Aussie barbeques at home, went to a nice local restaurant and we took them for a day drive through Akuna Bay, West Head, Palm Beach and down to Manly & North Head.

...and he took back with him a bunch of information about our 'Pride of Workmanship' program, to which he took a fancy.

So, now Gwen and I have to add to our bucket list a trip to USA!

Cheers

Bob Ivey



Becoming a hybrid club



Hi Team RCK,
I collected a 'Frequently Asked Questions' page from the stand of the Rotary E-Club of Greater Sydney in the Hall of Friendship at the International Convention. I am struck by the possibility

of us becoming a hybrid club in order to encourage Rotaractors and the like.

I am happy to make you copy if you would like to read and discuss it.

Rob Hall



The Rotary Club of
Chatswood Inc.
ABN 46 220 463 207

Major Beneficiary:
Timor L'este Dental Program

The Timor L'este Dental Program was established in 2003, to improve the oral health of people living in the rural areas of Timor L'este.

BOOK NOW!

Bookings

Email:
pm@chatswoodrotary.org.au

Fax:
02 9415 2002

Mail:
PO BOX 138 Chatswood 2057

Peter Kindred
Phone 0409 369 605

Richard Gilbert
Phone 0417 247 998

Michael MacQuillan
Phone 0418 412 955



Dinner with Prime Minister for Timor L'este

WEDNESDAY 6TH AUGUST 2014

Dinner: 6.30pm for 7.00pm start at the Concourse
409 Victoria Avenue, Chatswood

Parking: Parking is available in The Concourse
Enter from Ferguson Lane via Archer Street

CORPORATE TABLES FROM \$3,000 (10 PEOPLE)



The Hon Tony Abbott MP
Prime Minister of Australia

Tony Abbott was sworn in as the 28th Prime Minister of Australia on 18 September 2013 having served as the Member for Warringah since 1994 and Health Minister from 2003-2007.

About Timor L'este Dental Program

The Timor L'este Dental Program was founded in 2003 with the establishment of a dental clinic in Maubara. Working closely with the Carmelite Sisters, the program is aimed at assisting the rural Timorese population who have no way of accessing dental services in Dili.

Registered within the Rotary Australia World Community Service (project #110/2004-05), the program provides tax deductibility for our donors and aims to provide 4-6 dental team visits a year. The most recent team visit carried out 310 examinations, 332 extractions, 135 fillings and 87 preventative treatments - a total of 886 treatments!

<http://www.rawcs.com.au/DetailProject2.php?recordID-21>

Your support and donation will provide valuable funds to help improve the dental health of people in Timor L'este. The money will be partly used to purchase a Toyota Troop Carrier to transport the dental volunteers and portable dental equipment through 5 districts in Timor L'este, a country of 1.1 million people but only 10 dentists.



Calendar of events

July	21	Building connections - a visit from the Sydney City Rotaract Club
	28	'Killer gear & no idea' – Brett Odgers shows us how to take cracker photos
August	4	Graham Timms - Easter Island mysteries revealed
	11	TBA
	18	Restaurant evening - venue: TBA
	25	TBA
September	8	District Governor's visit to North Shore clubs
October	6	Public holiday – no meeting
	20	Club forum
November	10	Restaurant night - venue: TBA
December	22	No meeting
	29	No meeting

Club officers and committee chairmen 2014-15

Board of directors

President	Tony McClelland
Vice President	John Aitken
President Elect	(Vacant)
Secretary	Geoff Hungerford
Treasurer	Graham Maslen
Director - Membership	Greg Newling
Director - Public Relations	Michael Midlam
Director - Club Administration	Joy Newling
Director - Service Projects	John Aitken
Director - Rotary Foundation	Graham Timms

Service committee chairmen

Club Service	Joy Newling
Vocational Service	Michael Midlam
Community Service	Ross Lambert
International Service	Roger Desmarchelier
Youth Service	Greg Goodman
Bobbin Head Cycle Classic	Bob Elsworth
Sergeant-at-Arms	Malcolm Braid

Club committees 2014-15

Bobbin Head Cycle Classic: Bob Elsworth, John Aitken, Ross Egan, Peter Kipps, Tony McClelland, Michael Midlam, Graham Timms

Club History: Malcolm Braid, Tom Jackson

Club Service/Club Administration: Joy Newling, Geoff Hungerford, Graham Maslen, Michael Tyler (Koongga Editor)

Community Service: Ross Lambert, Lou Coenen, Gary Dawson, Roger Desmarchelier, Ross Egan (Daffodil Day), Bob Elsworth, Rob Hall, Chris Hoch (Red Shield Appeal), Geoff Hungerford (Markets) Caroline Jones, Nick Kenyon, Loïc Lacombe, Jack McCartney, Michael Midlam (Bowel Scan), Frank White (Markets)

International Service: Roger Desmarchelier, David Forsythe, Graham Maslen, Greg Newling, Peter Tang

Membership: Greg Newling, Dilys Geddes, Linda Lam-Rohlf's

Public Relations: Michael Midlam

Program: Rob Hall, Ross Egan

Rotary Foundation: Graham Timms

Vocational Service: Michael Midlam

Youth Service: Greg Goodman, Malcolm Braid, Emyr Evans, Bob Ivey, Tom Jackson, Linda Lam-Rohlf's, Joy Newling, Ted Price

Anniversaries - July

Birthdays			Anniversaries			
6	Margaret Tang	26	Graham Timms	8	Peter & Christine Kipps	
16	Greg Goodman	27	Gwen Ivey	14	Robert & Kathryn Elsworth	
19	Susan White			23	Peter & Margaret Tang	
25	Peter Kipps					

Booking guests & apologies for meetings

Members are booked in to attend every regular meeting of the Club, if you cannot attend a meeting or wish to book in a guest / partner please access the web at <http://www.kuringgairotary.org.au> before 2.55 pm on the day of the meeting. An apology for future meetings may also be entered. **If you do not apologise for non-attendance the Club must pay for your meal and you will be asked to reimburse the Club.**

Door team

July	August	September	October
Graham Maslen	Geoff Hungerford	Michael Midlam	Emyr Evans
Greg Goodman	Lou Coenen	Graham Timms	Joyce Enos

The door team is responsible for welcoming visitors and guests, recording payments and issuing copies of the record to the President, Secretary and Bulletin Editor. **Please arrange your own replacement if you are unavailable.**

Gordon Market roster

MARKET ROSTER	13 July	10 August	14 September
BANNERS	Frank White	Geoff Hungerford	Frank White
SIGNS	Graham Timms Geoff Hungerford	Graham Timms Geoff Hungerford	Graham Timms Geoff Hungerford
MORNING SET UP	Frank White	Geoff Hungerford	Frank White
PUBLIC RELATIONS			
1ST SHIFT 8.00 to 10.30	John Aitken	Graham Maslen	Caroline Jones
2ND SHIFT 10.30 to 1.00	Linda Lam-Rohlf's Joyce Enos	Roger Desmarchelier David Lewis	David Forsythe Nick Kenyon
3RD SHIFT 1.00 to 3.30	Ross Egan Rob Hall	Bob Elsworth Jack McCartney	Peter Tang Michael Midlam

Second shift collects payment from stallholders. Third shift returns signs and bins to St George Bank storage. **Please arrange your own swap and notify Geoff Hungerford if you will be unavailable.**

WebAware - emails to all members, etc.

If you want to send an email to all members of the club, simply email members@kuringgairotary.org.au. Similarly, you can send an email to all 'friends of Rotary' by emailing friends@kuringgairotary.org.au. A full explanation of the system and how to use it appears in the member forum section of the club's website. You can reply (or 'reply all') to such emails. You can also add to the list of 'friends of Rotary' - e.g., your partner or friends.

Club bank details

Rotary Club of Ku ring gai **General** account
BSB: 032 089 Account no.: 253341

Rotary Club of Ku ring gai **Project** account
BSB: 032 089 Account no.: 253333

Please include your name in the details of all deposits to the club accounts

Expense reimbursement claims must be presented with a completed remittance advice which you can download from the club website. Please include your BSB and account number.