



Reach Within to Embrace Humanity

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Meeting Apology

Please use the club website **before 3 pm** on meeting day to apologise or add a guest, or you will be required to reimburse the club for your meal cost.

<http://www.kuringgairotary.org.au>

Tonight

Debate
with Rotary Club of Turramurra

Announcements

Brian Cato-Symonds - a condolences card was passed around.

Board Meetings - Minutes of Board Meetings are uploaded by the Secretary to the member's area of the **website** - SEE: Navigation Menu item "*Docs & Images*", where they can be viewed at any time

Thank you letters from **Bo Hospital** and a second letter from our **School of St Jude** project in Tanzania were distributed.

NOTE - the brief article on St Jude on our website is wanting for a better description from the Committee. (How about providing a copy of the thank you letter - at least they can write!)

Trivia Night - Fri 12 Aug at Chatswood Golf Club, proceeds to Bo Hospital. Space is available. Bookings through Greg Newling.

WEBSITE: You can now print your own handy 1-page **Members' Address List**. See "Member Forum - [Member Profiles](#)". (Access to Members Only). The font size is a bit small, so have your reading glasses handy!

Last Week : Youth Insearch



Intro by Joy Newling:

"Tonight I am very pleased to be able to introduce two impressive young women, Nicole Clark and Briar Ward, from Youth Insearch.

I knew very little about Youth Insearch until Greg and I first met Nicole in January this year when we were organising to cater for one of their weekend programs at Kurrajong. Most of you have heard me talk about those very hot days in February and the fun we had!

Nicole is 26 and has been working for Youth Insearch for almost 4 years as the Program & Development Coordinator. She recently finished Certificate IV in Community Services Work and is now completing the Diploma in Community Services Work. Nicole also attends the weekend programs as a support person/mentor and has a real passion for helping young people. She has also participated in one of Rotary's programs, RYLA.

Briar came through the program as a young person and is now a Leader and Support Person as well working in the office. Briar made a big move from Sale, Victoria to Sydney last year when she was offered the role of Admin Assistant. Briar will be 21 in September and has been involved with Youth Insearch for over 5 years now.

Welcome, Nicole and Briar. We look forward to hearing from you and learning more about the work of Youth Insearch."

Youth InSearch started in Riverstone 26 yrs ago as counselling by young people for young people. It runs in QLD, NSW and VIC with 26 programs each year, including mentoring and weekends away.

The latter are very emotional and often leave the supervisors in tears. ...continued >

A short DVD was shown.

Main features of the weekend programs

- Most attendees come from broken families and do not normally receive 3 meals a day, so food is important
- They enjoy having rotary/Lions at weekends
- Support each other
- Self esteem sessions - hugs are important as many have never had one, and they replace 'words'
- Team building
- 'trust' sessions
- Helps to improve self confidence and family relationships
- Helps youth make changes to improve their lives
- 'tuck-ins' at bed time help ensure people are settled - many have never experienced that before at home
- 'bed-time stories' - many have never had one
- 'Hassel' sessions: why families split up; how to rebuild relationships
- Drugs & alcohol education
- Techniques for dealing with abuse and assault
- Dealing with grief
- How to break the cycle of broken families

Government funding of about \$400,000 pa covers up to 20% of costs. A weekend camp costs \$1,200 pp - but the individual is charged only a small amount.

Briar told a most emotional story of her own relationship with her mother, who was a heroin addict until Briar was age 7. She said her Mum has been a Mum for only the last 4 years, and Youth inSearch stopped Briar from self-harming - and saved Briar's life.

Asked about the **success rate**, they said it's rather difficult to measure our success rate as we are dealing with such a vast array of issues however the following statistics are an indication:

- Antisocial behaviour is reduced by up to 30%
- Criminal behaviour is reduced by 40%
- 97% of participants reported that they no longer feel suicidal
- 61% of participants reported decreased alcohol consumption
- 84% of participants who had previously demonstrated violent behaviour said they would discontinue resorting to violence.

Below, extract from:

Newsletter for Supporters of Youth Insearch, Jun 11

From the Rotary Club of Ku-ring-gai

In February 2011, a team from the Rotary Club of Ku-ring-gai spent an amazing weekend catering for a Youth Insearch camp in Kurrajong, NSW. There were 13 of us both Rotarians and partners, in shifts from 3.30pm on Friday until Sunday afternoon.

We were kept very busy. We'd just finish preparing one meal and it would be time to start the next, or sometimes two meals together. It was a great team-building experience and we all learnt new skills!

It was rewarding and fun, especially when you had comments from the young people such as:

"I like the fruit, I eat more fruit when I come to camp"

"Thank you for giving up your time to cook for us"

"Awesome food!"



As well as 40 Young People aged between 12 and 17, there were young Leaders and supporting adults, all of whom were Volunteers. We met Rotarians from Tamworth and Moree who had both driven buses down with a load of young people. They had been doing it for 14 and 10 years respectively and sometimes had to raise the funds to bring the bus down themselves. They also supply follow up support to the young participants on a weekly or fortnightly basis.

We are looking at it becoming an annual project for our Club. Perhaps if you are a member of a service club such as Rotary or Lions, you might consider getting a team together and catering for a similar camp. You will find it worthwhile and enjoyable, and you will be providing a great service to Youth Insearch, as well as helping their strained budget.

Joy Newling

Blackwattle Ball - 20 August

The Rotary Club of Waitara is sponsoring the Blackwattle Ball on August 20th 2011. This is a fundraiser ball with great music and entertainment. There will be two major recipients of the night, Studio ARTES Nortside, a service for adults with disabilities in Hornsby with a long association with Rotary <http://www.studioartes.com.au> and the Salvation Army Homeless Programs in Hornsby. Both these groups tie in well with the International aims of Rotary this year in promoting families and safe housing.

Why not make this a transfer meeting for your club (we are), support two great causes and have a great time as well. The entertainment on the night will be provided by The Sydney Street Choir, Studio ARTES performance group, and the dance music will be provided by well known Berowra musician, Steve Passfield. Full information is below.

Simon Bryan
President Rotary Club of Waitara



The Blackwattle Ball

please join us in supporting the Hornsby Community

7pm Saturday, 20 August 2011
at the Hornsby RSL Club

MC Lorrae Desmond
with local award winning musician Steve Passfield
and special guests **Sydney Street Choir**

tickets \$65 three course menu & drinks

All monies raised on the night will go to Studio ARTES Northside
and the Salvation Army Homeless Programs in the Hornsby Shire.
Both projects proudly supported by Waitara Rotary Club.

Book online www.hornsbyrsl.com.au or phone 9477 7777 from 15 July 2011

Rotary Club of Ku-ring-gai Bank Accounts

From 1 July 2011 we have a new bank account at Westpac Turramurra.

Rotary Club of Ku ring gai **Project** account
BSB 032089
Account 253333

Rotary Club of Ku ring gai **General** account
BSB 032089
Account 253341

Claims must be presented with a completed remittance advice which you can download from the WEB.

All payments to you will be made electronically (I do not have a cheque book) so please include your BSB and account when you make a claim.

When you make a payment please ensure you include your name in the details

**Thank you from
Lifeline Book Fair**

**Letter of thanks received from
Wendy Carver, CEO Lifeline Harbour to Hawkesbury**

Dear Lindfield Book Fair Committee Members and Book Fair Volunteers

Your Knox Book Fair over the last four days was clearly an outstanding success. Thank you so much to each and everyone, who was involved in this magnificent event. I am very aware that the success of this event is the result of 12 months hard work by a large number of dedicated volunteers. The time and energy that obviously went into collecting, cleaning, sorting, pricing, categorising, packing, moving, setting up and finally selling so many 1,000s of books, was obviously enormous. Throughout the Book Fair we had many compliments about the quality and presentation of our books, which was delightful to hear.

Lifeline Harbour to Hawkesbury feels privileged to have such a committed group of volunteers, who work tirelessly to ensure that we raise enough funds every year to keep operating all of our services. Everyone may not be aware that our Lifeline Centre still has to raise around \$700,000 a year to maintain all of our services (even with the new State Government funding). We could not do this without our Book Fair volunteers, so a very sincere thank you from me.

*With kind regards
Wendy*

In particular thanks to our members who helped: Caroline Jones, Greg Newling, Joy Newling, Malcolm & Margaret Braid, Peter Kipps and Frank White

How about taking in the Rugby World Cup in New Zealand Sep-Oct 11

Experience true kiwi hospitality in a fellow Rotarians home with bed and breakfast for \$150 per night.,

Includes a donation to Polio Plus.

RUGBY WORLD CUP DOWN UNDER 2011

ROTARY IN NEW ZEALAND IS GEARING UP TO HOST YOU

When the world comes to New Zealand for the Rugby World Cup, accommodation will be at a premium!

Rotarians throughout New Zealand have combined to encourage visiting Rotarians to share our World Cup experience by providing the chance to be home-hosted by fellow Rotarians during their visit.

Home-hosting is available in all the locations where the World Cup games are played. The cost is only NZ\$150 per night for bed and breakfast. More information, and the opportunity to register is available on www.rotarynzrugbyhosting.org

You can download a promotional brochure from the website to enable you to encourage others in your Rotary Club to participate.

Rotary New Zealand Rugby Home Hosting is a great option for those who want to support their team, see the wonderful scenery and experience the fantastic hospitality of Rotarians and all New Zealanders.

Rotary New Zealand Home Hosting provides you with the flexibility to arrange your own travel arrangements and timetable.

You will not only experience all the thrills of the World cup, but all funds raised from this programme will go to The Rotary Foundation Polio Plus Programme recognising your club plus those of the hosting and organising clubs.

Game Tickets are not part of the home hosting package, and have to be purchased separately. These go on sale from April 2010, so keep an eye on: www.rugbyworldcup.com/tickets



REGISTER NOW !

www.rotarynzrugbyhosting.org
ROTARY NEW ZEALAND RUGBY HOSTING



Guest Speakers

See club website: "Member Forum - Events" for whole year listing of events

25 July	Debate with Rotary club of Turramurra
1 Aug	Steve McGregor, Honorary Secretary for the Spitfire Association
19 Sep	District Governor's visit

Apologies & Guests

Members are booked in to attend every regular meeting of the Club, if you cannot attend a meeting or wish to book in a guest / partner please access the WEB at <http://www.kuringgairotary.org.au> before 3.00 pm on the day of the meeting. An apology for future meetings may also be entered. If you do not apologise for non-attendance the Club must pay for your meal and you will be asked to reimburse the Club.

Market roster

MARKET ROSTER	14-Aug	11-Sep
BANNERS	White, Frank	White, Frank
SIGNS	Timms, Graham	Timms, Graham
	Hungerford, Geoff	Hungerford, Geoff
MORNING SET UP	White, Frank	White, Frank
	Thompson, John	Thompson, John
PR	Lam-Rohlf, Linda	Lam-Rohlf, Linda
1ST SHIFT 8.00 to 10.30	Braid, Malcolm	Forbes, Wally
	Jackson, Tom	
2ND SHIFT 10.30 to 1.00	Hoch, Chris	Evans, Emyr
	Midlam, Michael	Houghton, Judy
3RD SHIFT 1.00 to 3.30	Coenen, Lou	Egan, Ross
		Krishnan, Bala

MARKET DUTIES: You must initiate changes & advise Geoff Hungerford. Third Shift returns signs & bins to St George Bank

Door team

Duty	July	August	September
Greeter	Malcolm Braid	Graham Timms	Judy Houghton
Team	Peter Kipps	Linda Lam Rohlf	Bob Ivey
Team	Wally Forbes	Ross Egan	Chris Hoch

NOTE: The door team is responsible for welcoming visitors and guests, recording payments and issuing copies of the record to the President, Secretary and Bulletin Editor. Please arrange your own replacement.

Happy days July 2011

Birthdays

Margaret Tang	6 Jul
Irene Kennedy	11 Jul
Susan White	19 Jul
Peter Kipps	25 Jul
Graham Timms	26 Jul
Gwen Ivey	27 Jul
Pat Fisher	30 Jul

Anniversaries

Peter Kipps	8 Jul
John Thompson	19 Jul
Irene Kennedy	22 Jul
Peter Tang	23 Jul