



In this issue

- **Bobbin Head Cycle Classic**
- **Shana Phillips**
- **Trivia Night**
- **Hello from Neil Tuffley**
- **The Great Northern Walk Matthew McClelland**

Meeting Apology

Please use the club website before 3pm on meeting day to apologise or add a guest or you will be required to reimburse the club for your meal cost.

Back Pages

Guest speakers
Market roster
Door team
Happy days

www.kuringgairotary.org.au The club meets every Monday 6.30pm at West Pymble Bowling Club

Bobbin Head Cycle Classic

Our club has really caught up with the preparation for this event. Peter Kipps, John Thompson and Lou Coenen have put an outstanding effort into their roles.

Peter Kipps has taken on Project Management and at the meeting on Monday Peter will give an update on progress and offer the opportunity for members to assist with other roles.

Shana Phillips

President saw Shana at the markets and she said she will come to the meeting tomorrow.

Trivia Night

Malcolm Braid told the club we more participants for the Trivia night on May 21.

Please book with Malcolm tomorrow

The Great North Walk

Matthew McClelland



Matthew is known to our club and he also assisted with the WEB when he wrote the program for our apology system.

Matthew loved bush walking when he was a Scout and a Ranger and kept his interest as an adult.

The Great North Walk

Four years ago Matt commenced the development of A WEB for those interested in bush walking and the site now has 950 walks. He gets up to 4,000 visits per day in peak periods and averages 2,000 per day

Matt sees areas preserved and explored in a sustainable way

Matt has written 3 books, The Central Coast, Snowy Mountains and the Great North Walk

Matt said walks need to be planned so you do "not call for help when the sun sets *unexpectedly*", also a long walk inspires people

The WEB is <http://www.wildwalks.com/>

The Great North walk is one of the best known long distance walks in NSW. The track was formally established in 1988 as a bicentennial project and is now managed by the NSW Lands Department. The whole walk stretches from the City of Sydney to Newcastle. The walk travels through a variety of environments from public roads, National Parks, State Forests, and private farm land. The walk is generally well sign-posted and follows a clear and maintain track

Some walks are only a few hours and others take much of the day. This is a great way to explore this wonderful walk. The walks in Sydney have great Public Transport access points as do the last few walks through Newcastle. The walks in the middle will require some planning for transport, but it is well worth the little effort.

The walk has been arranged in 40 Segments and can be done at different times or day by day

<http://www.wildwalks.com/bushwalking/general/list-of-walks.html?groupid=20>
Will take you directly to the Great North Walk

The Great North Walk

The Great North Walk can be walked in one stretch over 10-14 days. If you would like to do the whole walk over several weekends then here is one possible itinerary. Most of these sections are in 2 day (one night out) and at the Sydney end they start near public transport. As you head further north you will need a car shuffle or a friendly driver to help you out.

[Sydney to Thornleigh via Lane Cove Tourist Park](#)

[Thornleigh to Cowan](#)

[Cowan to Wondabyne station via Patonga rest area](#)

[Wondabyne station to Somersby Store overnight](#)

[Somersby to Yarramalong via Stringy Bark Point](#)

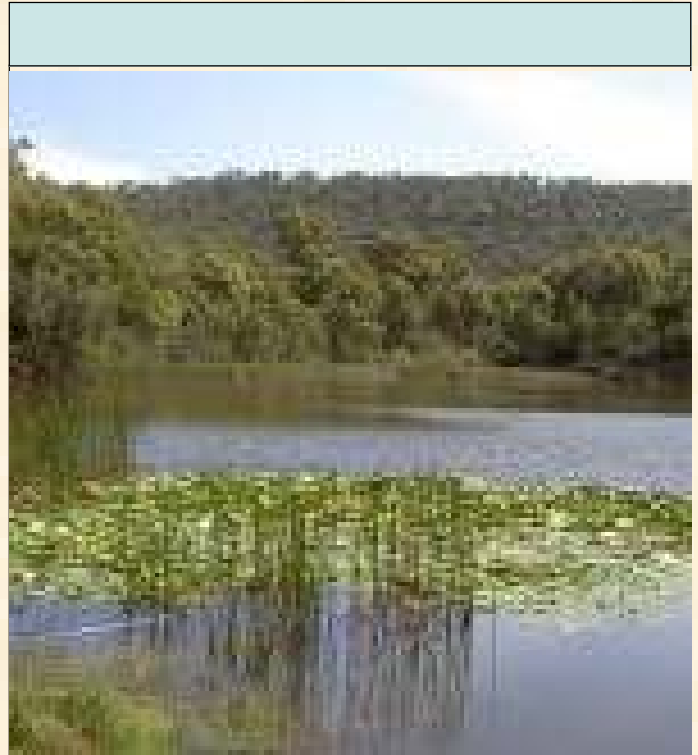
[Yarramalong to Watagan Creek via Basin Campsite](#)

[Watagan Creek road to Congewai Valley east track head](#)

[Congewai east track head to Watagan Forest Motel via Forestry HQ campsite](#)

[Heaton Gap to Teralba station](#)

[Teralba to Newcastle via Glenrock Scout Camp](#)





Rotary Foundation Thought for The Week

40) This week's Rotary Foundation Thought is an update on polio eradication efforts in 2009-10.

Last year saw \$120.2 million allocated to the continued use of new tools and the development of new tactics that led to a reduction of polio cases and despite an outbreak in Tajikistan and Central Africa, further reduced the number of notifications. There are new commitments from country leaders and a new Case for Completing Polio Eradication, but the Global Polio Eradication Initiative faces a significant funding challenge. We need Rotarians' ongoing commitment to eradicate Polio. **Your support is vital in finishing the job!** Rotary has contributed \$165 million of the \$200 million Polio Challenge, which is matched \$ for \$ by the Gates Foundation.

Our gift to the world will be Polio Eradication! We are that close!

Rotary Acronyms

PP	Past President
PPE	Preserve Planet Earth
PPRI	Past President Rotary International
PRI	President Rotary International
PRID	Past Rotary International Director
PRIE	President Rotary International Elect

Apologies & Guests

Members are booked in to attend every regular meeting of the Club, if you cannot attend a meeting or wish to book in a guest / partner please access the WEB at <http://www.kuringgairotary.org.au> before **3.00pm** on the day of the meeting. An apology for future meetings may also be entered. If you do not apologise for non-attendance the Club must pay for your meal and you will be asked to reimburse the Club.

Guest Speakers

See club website: “Member Forum - Events” for whole year listing of events

16 May	Peter Kipps Bobbin Head Cycle Classic—Cycling the Rhine River
23 May	Garden Festival—Report and Brainstorm
30 May	From Perth to Broome and the Pilbara—Eleanor Filewood
6 June	Carers Night and Millie Constable
13 Jun	Queen’s Birthday holiday—no meeting
Mon 27 Jun	Changeover Dinner, Rotary Club of Ku-ring-gai
19 Sep	District Governor’s visit

Market roster

Time	12 Jun
Banners	White, Frank
Signs	Timms, Graham Hungerford, Geoff
Morning Set up	White, Frank Thompson, John
0800 – 1030	Fletcher, Howard Krishnan, Bala
1030 – 1300	Evans, Emyr Midlam, Michael
1300 – 1530	Egan, Ross Forsythe, David

MARKET DUTIES: You must initiate changes & advise Geoff Hungerford. Third Shift returns signs & bins to St George Bank

Door team

Duty	May	June
Greeter	John Aitken	Emyr Evans
Team	Bala Krishnan	Roger Desmarchelier
Team	Greg Newling	Geoff Hungerford

NOTE: The door team is responsible for welcoming visitors and guests, recording payments and issuing copies of the record to the President, Secretary and Bulletin Editor. Please arrange your own replacement.

Happy days May 2011

Birthdays	
Jannet Pendleton	9-May
Patsy Hungerford	May

Anniversaries	
Malcolm Margaret Braid	7-May
Graham Judy Timms	11-May
John Janet Boyle	14-May
Michael Louise Tyler	16-May
Geoff Patsy Hungerford	18-May