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Meeting Apology

Please use the club website before 3pm on meeting day to apologise or add a guest or you will be required to reimburse the club for your meal cost.

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Guests

President Michael welcomed guests Rhonda Dekker, Sandra Gravlee, Renee Panetta, Matthew Burton, Beverley Stout, Adele Mitchell, Halyna Essing, Bart Dekker, Katherine Dekker, Mariela Orelland and Kerry Midlam

Peter Crane



Ross Egan Trivia Night

Ross announced a Trivia night 21 May 7 for 7.30 please make up your table

There will be a challenging game so you need one fit person in your team.

Bring your own supper.

Bobbin Head Cycle Classic And Michael Midlam

Tonight Tony will present an overview of the Bobbin Head Cycle Classic.

Michael Midlam will present a 10 on me

Pride of Workmanship

Bala and Peter did an excellent job arranging nominees for the evening and looking at the faces of the attendees they really appreciated the opportunity to participate in the evening.

Renee Pantella—Pymble Pharmacy

Renee loves all aspects of her job. She has a deep consideration and concern for all her customers and goes that extra mile time and time again to please her customers.

Renee is not your ordinary Pharmacy assistant she cares and she has pride. Not only for her profession but pride in all she does. She is a model pharmacy assistant and an example of what encapsulates "Pride of Workmanship"

Alexander Cheng—Northshore BMW.

Alex is an outstanding apprentice from Northshore BMW. Alex completed his light vehicle certificate 3 training in less than the specified time period and then went on to get a dual qualification as an auto electrician. He has also achieved awards from BMW Australia for high achievement and has obtained registered technician status within BMW, a recognition that is recognized globally.

Alex has achieved many things for a 22 year old, and his ambition will make sure he is well known in the future. When asked about this ambition he replied, "having sound knowledge of a system is one thing, but to be the one who built it in the first place is another level all together.

Alex is a very intelligent, driven young man that has been a pleasure to work with to all those around him, and deserves recognition for his achievements.

Pride of Workmanship

Mariela Orelland - Retina Associates

Marella constantly works above the level expected. She is always professional, courteous, fair and a great team player who assists other staff and professionals in our practice to ensure we achieve our commitment to excellence in Patient care.

We feel her dedication to her role in our organisation and exceptional performance is worth of the award.



Ryla Trivia Night



DG Nominations

Nominations for District Governor 2013-14

Nominations for District Governor 9680 for 2013-14 will close on Monday, 16 May 2011

All nominations should be addressed to,
District Governor George Papallo,
Rotary District 9680,
5 Richard Road,
St Ives, NSW 2075,
and marked CONFIDENTIAL.

Qualifications for District Governor are on page 49 (attached) of the current District 9680 Directory and more information is enclosed in the article "A Guide for Potential Candidates for DG" (Attached)

Interviews with the nominees will take place on Saturday, 25 June 2011. Anyone wishing to seek advice, ask any question, or make a recommendation regarding the DG position for 2013-14 please do not hesitate to give me a call.

PDG Tony Castley 0414 801 888
Chairman for the 2013-14 DG Selection Committee

Rotary Mental Health Day

Raising funds for mental health research through Hat Day

Hat Day, on 20 May 2011, is a friendly Rotary project with great potential for promoting Rotary in the community while raising funds for mental health research.

Think of the fun you can have promoting Australina Rotayr Helath through your Club to the community!

A lot of clubs have indicated that they are enthusasitic about Hat Day but are not sure what they can do to be involved. The common theme for all is the opportunity to wear a hat for mental health research with each participant making a donation, big or small.

If your Club would like to use Hat Day as a fundraising event for Australian Rotary Health, we have some ideas that other Clubs have shared below. Perhaps you could **forward this e-newsletter to your Club members** to help spark some new ideas and enthusiasm for this exciting event!

- **Three Hat Dinner** - wear a different hat for each course served during your meal. This event could also be a progressive dinner.
- **Theatre Hat Night** - get everyone to wear hats to the theatre
- **Coffee and Cake Hat Get Together** - hold your Hat Day at a local coffee shop and collect donations while there.
- **Hat BBQ** - get everyone to wear a hat for an outdoor BBQ.
- **Hat Luncheon** - invite friends over to your home for lunch and encourage them all to bring a hat.
- **Hat Morning Tea** - just the same as a Hat lunch but with a little less to organise!
- **One Hat Dinner** - get your guests to wear hats to a formal dinner with all the trimmings.
- **Hat Ball** - what a great opportunity for a night out! Wear that glamorous gown with a feature hat. Think of the Ascot scene from My Fair Lady.
- **Hat Day at the Office** - encourage everyone to wear a hat while working or during their lunchbreak.
- **Fancy Dress Hat Party** - dress up in a costume that has a hat as part of the outfit.
- **Hat Parade** - organise a hat parade and present the person wearing the best hat with a small prize.
- **Hard Hats** - wear your hardhat and focus on mental health safety in the workplace.
- **Hats for Happiness** - Invite aged care facility residents to wear hats for a day with a difference.
- health research.
- **Chamber Hats** - organise a Chamber of Commerce joint Hat Day project with your Club and the not-for-profit community.
- **Hear My Hat** - organise radio interviews with your local ABC, community radio and commercial radio. Spread the news about Hat Day!
- **Hats in the Streets** - Ask retailers to show special hats in their windows with counter donation boxes this May.
- **Historical Hats** - Feature prominent historical figures in the newspaper for Hat Day, or hold your own Historical Hat party.
- **Hats with Heart** - invite local artists to create works, chalk the pavement and share ideas for mental health research.
- **School Hat Day** - encourage students to find out about great figures in history who have worn hats.
- **Book Hats** - celebrate characters from books who have worn hats such as Dr Seuss' Cat in the Hat.
- **Sports Hat Day** - wear a hat related to sports such as the Baggy Green, a Holden or Ford cap, or a hat from your favourite sporting team.
- **I've HatIT** - support Hat Day through Facebook and Twitter to help promote mental health research.

Pass the Hat - collect donations at all your events for Hat Day. Pass a hat around to help raise funds for mental

Be part of a WORLD RECORD!

Ever dreamed of breaking a Guinness World Record? Well, now you can! **Australian Rotary Health is aiming to break the world record for most people in paper hats at 1pm May 20th at Sydney's Martin Place** to help raise funds for mental health research!

You can find more details about this exciting event online by visiting www.hatday.com.au. We hope to see you there!

Making a donation

Donations raised from your Hat Day event can be donated online via our secure [Hat Day donation page](#), by cheque, or by taking your donations to any St George or NAB bank.

Please make your donation out to Australian Rotary Health and use the following details if depositing directly at your local St George or NAB bank branch:

Account name: Australian Rotary Health

BSB: 112 879

Account number: 065 433 595



A SPECIAL SCREENING



Potiche ("Trophy Wife")

Sunday 1st May 2011.

Roseville Theatre, Pacific Highway, Roseville

Movie commencing at 7.30pm.

Meet in the lobby from 6.30pm for drinks and nibbles.

(Alcoholic beverages available from the cash bar)

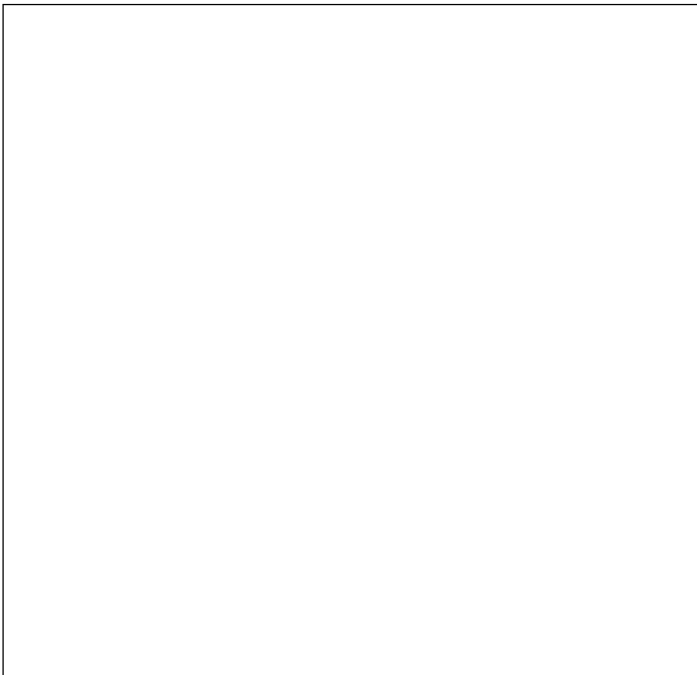
A French comedy, starring Gerard Depardieu and Catherine Deneuve,
rated M with English subtitles

Tickets are only \$25.00 and all proceeds raised will go to the Stillbirth
Foundation Australia.

To reserve your tickets please call Cathie Papallo on (02) 94496119 or email:
cathiepapallo@hotmail.com

Send cheque and stamped self addressed envelope to:
THE STILLBIRTH FOUNDATION AUSTRALIA.
c/o 5 RICHARD RD., ST IVES 2075





Rotary Foundation Thought for The Week

38) This week's Rotary Foundation Thought is about assisting those in need.

A Rotary Foundation matching grant for US\$30,636 helped the Rotary Clubs of Mosman, and Dili, Timor Leste set up a water management commission to administer the water supply to the villages of Fatubitik, Loojali and Lalamek in the mountains of Timor Leste in the sub-district of Fohorem. These villages have a population of approximately 1500 people and many areas are without a safe, clean supply of water. This project will provide water to a number of community distribution points within the villages and to the clinic and other community centres. The source of this clean water is from a spring located about 3 km away.

The Commission is charging commercial users and any private connections for water. This money will be used for the maintenance of the Water System. Extensive instruction and training in the operation and maintenance of the system will be provided to ensure the system continues to operate long after we have left.

Through contributions to The Rotary Foundation, Rotarians become partners in empowering those in need.

Rotary Acronyms

Peer Support Foundation	Non-profit group founded 1971 with Rotary support - Operates in most state primary and secondary schools to offer leadership training for senior students who in turn assist integration of new students
PEPS	Presidents Elect Preparatory Seminar
Per Capita Dues	Dues each club pays to RI for each active, senior active and past service member - Payable semi-annually on 1 July and 1 January at current rate of exchange notified by RI
PETS	Presidents Elect Training Seminar - Held annually for incoming Presidents and partners to be trained in the administration of their club and to develop challenging projects and programmes
PHF	Paul Harris Fellow - A form of recognition for financial or meritorious service to the Foundation or to the community generally
PHF	Paul Harris Fellow

Apologies & Guests

Members are booked in to attend every regular meeting of the Club, if you cannot attend a meeting or wish to book in a guest / partner please access the WEB at <http://www.kuringgairotary.org.au> before 3.00pm on the day of the meeting. An apology for future meetings may also be entered. If you do not apologise for non-attendance the Club must pay for your meal and you will be asked to reimburse the Club.

Guest Speakers

See club website: "Member Forum - Events" for whole year listing of events

18 Apr	Presentation of the Bobbin Head Cycle Classic and 10 on me Michael Midlam
25 Apr	Anzac Day / Easter Monday - no meeting
16 May	Carers Night
23 May	Garden Festival—Report and Brainstorm
13 Jun	Queen's Birthday holiday—no meeting
Mon 27 Jun	Changeover Dinner, Rotary Club of Ku-ring-gai
19 Sep	District Governor's visit

Market roster

Time	8 May	12 Jun
Banners	White, Frank	White, Frank
Signs	Timms, Graham Hungerford, Geoff	Timms, Graham Hungerford, Geoff
Morning Set up	White, Frank Thompson, John	White, Frank Thompson, John
0800 – 1030	Aitken, John Ivey, Bob	Fletcher, Howard Krishnan, Bala
1030 – 1300	Coenen, Lou Andrejewskis, Rasma	Evans, Emyr Midlam, Michael
1300 – 1530	Desmarchelier, Roger Kennedy, Irene	Egan, Ross Forsythe, David

MARKET DUTIES: You must initiate changes & advise Geoff Hungerford. Third Shift returns signs & bins to St George Bank

Door team

Duty	April	May	June
Greeter	Eleanor File-wood	John Aitken	Emyr Evans
Team	Michael Midlam	Bala Krishnan	Rebecca Fletcher
Team	Joy Newling	Greg Newling	Geoff Hungerford

NOTE: The door team is responsible for welcoming visitors and guests, recording payments and issuing copies of the record to the President, Secretary and Bulletin Editor. Please arrange your own replacement.

Happy days April 2011

Birthdays	
Skellet Patricia	2-Apr
Frank White	5-Apr
Roger Desmarchelier	5-Apr
Emyr Evans	7-Apr
Timms Judy	9-Apr
Jackson Laurel	8-Apr
Geoff Hungerford	18-Apr
Malcolm Braid	30-Apr

Anniversaries	
Tom & Laurel Jackson	6-Apr
Greg & Joy Newling	29-Apr